

STATE ADVISORY COUNCIL
QUALITY CARE AT THE END-OF-LIFE

Mr. Ted Meyerson, Chair

Mr. Meyerson is a lifetime area resident who has been a Maryland citizen for over fifty years. He holds an undergraduate degree from Carnegie Mellon University, and has completed the Smaller Company Management Program at the Harvard Business School. Since retiring, Mr. Meyerson has become an active advocate on State and Local issues, particularly issues of importance to Maryland seniors.

In addition to being chair of this Council, Mr. Meyerson is president of United Seniors of Maryland, a member of the Howard County Commission on Aging, a member of numerous State and local committees, commissions and task forces, a member of the Board of Directors of the Maryland Gerontological Association, and an honorary board member of B'nai Israel Congregation in Rockville.

Mr. Meyerson is a long time member of the Coast Guard Auxiliary, teaches boating safety, and writes occasional articles and essays.

Delegate Barbara Frush

Delegate Frush has been a Member of the House of Delegates since 1995 and sponsored the legislation that established this Council. As a long time advocate for quality care at the end of life, she sits on a number of state advisory boards, commissions, and task forces, including the Commission on Aging.

Secretary Gloria Gary Lawlah

Gloria Lawlah was appointed Secretary for the Maryland Department of Aging in February of 2007 by Governor Martin O'Malley. A graduate of Hampton University and Trinity College, her career in public service started with teaching in the D.C. Public Schools for 30 years where she rose to the rank of Administrator with the D.C. Public Schools Central Office.

Secretary Lawlah served as a member of the Maryland House of Delegates from January 1987 until January 1991, representing District 26 in Prince George's County. She was elected State Senator in November of 1990 and during her tenure served as Senate Chair of the Joint Committee on the Management of Public Funds, Chair of the Prince George's County Delegation, Chair of the Health and Human Services Subcommittee and the Health, Education and Human Resources Subcommittee, a member of the Budget and Taxation, Capital Budget and Joint Audit Committee, and was appointed to the Maryland

Commission on Aging in 2002. Secretary Lawlah was a vocal advocate for the development of the National Harbor that borders Maryland and Virginia. In addition to serving in the Maryland Legislature, Secretary Lawlah was the Federal Liaison for the Office of External Relations at Bowie State University from 1995 to 2007.

A recipient of many awards and honors, Secretary Lawlah was inducted into the Prince George's County Women's Hall of Fame 1991. Her awards include the Edgemeade Honor for Outstanding Service to Maryland Youth and Families, the Citizen of the Year Award from Prince George's County Board of Trade, the Champion against Oral Cancer from the University of Maryland Medical System, the Humanitarian Award from the University of Maryland Dental School, the Award of Excellence from Mothers Against Drunk Driving (MADD), Legislator of the Year from the Health Facilities Association of Maryland, the Leadership and Advocacy Award from the American Institute for Urban Psychological Studies, the Titanium Award for Leadership in the field of Aging from Grayshore and MAC, Inc., and she was named one of Maryland's Top 100 Women by the Daily Record.

Paul Ballard

Paul Ballard is an Assistant Attorney General who is Counsel for Health Decisions Policy for the Attorney General. He is also Counsel to the Department of Health and Mental Hygiene's Office of Health Care Quality, which agency licenses and regulates all the health care programs and facilities in the State of Maryland. Prior to performing his present duties, Mr. Ballard has been Counsel to various health occupation licensing boards, including the Dental, Pharmacy, Physical Therapy, Psychology, Social Work and Acupuncture Boards. Before being assigned to the Department of Health and Mental Hygiene, he was an Assistant Attorney General with the Maryland Department of Transportation. In 2005 he received the Attorney General's Exceptional Service Award. He has been practicing law since 1987.

Mr. Ballard graduated summa cum laude from Morgan State University, where he majored in philosophy. He received a Master of Arts degree in counseling psychology from Loyola College in Maryland and earned his Juris Doctor degree from the University of Baltimore School of Law.

Nancy Grimm, R.N., Esq.

Ms. Grimm joined the DHMH Office of Health Care Quality as the agency's Director. Ms. Grimm has an extensive background in clinical nursing and nursing administration in addition to having her law degree. She received her Bachelor of Science Degree in Nursing from the College of Notre Dame of Maryland, graduating with honors. She is also an attorney graduating in 2002, with honors, from the University Of Baltimore School of Law. She has served as a law clerk to a Circuit Court judge and was in private legal practice for five years prior to returning to the health care field. Ms. Grimm is active in many legal and nursing professional organizations and serves on the Board of Governors at the University

of Baltimore. She was named one of Maryland's Top 100 Women by the Daily Record in 2004. She is an adjunct professor at the University of Baltimore School of Law.

Ms. Grimm is responsible for the direction of the agency's regulatory and licensing activities for all health care institutions throughout the State of Maryland.

Gail Amalia B. Katz

Ms. Katz is retired from the American Cancer Society for almost eight years, first as Director of Survivorship of the old Mid-Atlantic Division and then VP for Cancer Resource Network in the South –Atlantic division. She has worked in health care in various venues for the last 25 years since receiving her Master's degree from the Johns Hopkins School of Public Health in health policy and management. For many years she worked in the community health center environment and then moved over to oncology, both in the for-profit and not-for-profit settings. Her positions have included Director of Planning at Union Memorial Hospital, Vice President for Managed Care for a physician practice management company, and Director of Oncology at Sinai Hospital. Ms. Katz is also a member of the Governor's Council on Prescription Drug Monitoring.

In the 25 years Ms. Katz has worked in health care, she has witnessed great change. One of the most profound of which is the ever-increasing complexity of the health care and social support system. While the available services and therapies have clearly grown exponentially and positively, the structure has become ever more unwieldy so that every patient, no matter how well educated, well resourced, or well connected, needs help in navigating their way through the maze so that they make well informed decisions and take advantage of the programs and services that exist for their benefit.

Karen S. Kauffman, PhD, CRNP, BC

Dr. Karen Kauffman is Associate Professor at the University of Maryland School of Nursing, Chair of the Department of Family and Community Health, and Advisory Board member of the UMB's Academic Leadership Institute. She is also a board certified Gerontological Nurse Practitioner and President of Life Passages Care Consultants, Inc., a company that provides long term care consultation for older adults and their families living in the community, most of whom are struggling with Alzheimer's disease. She earned her PhD in Nursing with emphases in Gerontology and Sociology from the University of Pennsylvania in 1992.

Dr. Kauffman has extensive experience providing education about Alzheimer's disease and related dementias to other long term care professionals, including Judges in the Circuit, District, and Orphan's Courts, elder law attorneys, financial planners, long term care insurance agents, and primary health care providers. She has numerous publications in national and international peer reviewed journals on older adult populations, including an

article on Alzheimer's disease and public policy. She runs an Alzheimer's Disease support group at UMSON.

From 2001 – 2003, Dr. Kauffman sat on the workgroup of the U.S. Senate Special Committee on Assisted Living representing the National Conference of Gerontological Nurse Practitioners. From 2005 - 2007, Dr. Kauffman served on the State Advisory Committee for CommunityChoice, a proposed mandated managed care program for all people in Maryland who are eligible for both Medicare and Medicaid. Additionally, she has been a Governor-appointed member of the State Advisory Council on Quality Care at the End of Life since 2002, and has led the initiative to improve care for people with Alzheimer's disease. She served on the Board of the Alzheimer's Association Greater Maryland chapter between 1999 and 2005, during which time she chaired the State Public Policy committee. She was reappointed to the Chapter Board in 2009 and currently sits on the Public Policy and Medical Science committees. She has been a member of the National Board of the Alzheimer's Association since 2005, and sits on the standing committees for Public Policy, Programs, and Diversity and Inclusiveness and several task forces.

Dr. Kauffman was included in the National Register's Who's Who Among Executives and Professionals for 2005, and named One of Maryland's Top 100 Women in 2004 and 2009.

Timothy Keay, MD, MA-Theology, CAQGM, CMD, FAAFP

Dr. Keay has been teaching medical ethics, geriatric medicine, and hospice and palliative care at the University of Maryland School of Medicine since 1988. He is the Medical Director of Palliative Care for the Marlene and Stewart Greenebaum Cancer Center and the University of Maryland Medical Center in Baltimore, Maryland. Dr. Keay has received local, regional, national and international awards, including the Faculty Scholar award of the *Project on Death in America*, and has over 50 journal articles, book chapters, and other publications related to end of life care. Dr. Keay has served on the editorial boards of *Family Medicine*, *the Journal of Palliative Medicine*, and the *Journal of American Medical Directors Association*.

Dr. Steven Levenson

Dr. Levenson's interest in bioethical issues dates back to his medical school days in the 1970s. Over 20 years ago, he established one of the first active nursing home ethics committees in the United States, and published one of the first articles on ethics decision making processes in long-term care facilities. Dr. Levenson has also helped to draft and promote key ethics legislation in Maryland, including Patient Care Advisory Committee legislation and the Maryland Health Care Decisions Act. As a medical director, he has been concerned about implementation issues. Over the years, Dr. Levenson has published about how to employ effective systems and processes to improve the management of ethical issues, including end-of-life care.

Gail S. Mansell, BCC Chaplain

Gail, a native of Toronto, Canada, has lived in Maryland for over 35 years, and on the Eastern Shore of Maryland since 1987. Her training has included eight extended units of Clinical Pastoral Education and a course in prison ministry. She has a degree from Hartford University in Pastoral Counseling and Thanatology: the study of death, dying, grief and bereavement. She has had extensive experience, education, and training in end-of-life care. She has received ordination from United Christian Ministries, the International Council of Community Churches and completed her seminary training with University of the South, Sewanee. She is recognized as a Chaplain by the International Federation of Christian Ministries and is a board certified Chaplain and Pastoral Counselor by the College of Pastoral Supervision and Psychotherapy and the American Psychotherapy Association. She is a member of the Association for Clinical Pastoral Education and the American Academy of Hospice and Palliative Medicine.

Gail served as Chaplain at Peninsula Regional Medical Center in Salisbury, Maryland, for six years before moving on to Mary Washington Hospital in Fredericksburg, Virginia, where she served for four years. While in Virginia, Gail also served as the Director of Volunteer Services and Chaplain for the Mary Washington Hospital and Hospice. She helped develop and implement a hospice and palliative care unit at Mary Washington Hospital and conducted a weekly Sunday chapel service, both of which continue to serve the hospital and community today.

Since returning to Maryland's Eastern Shore in 2000, Gail has served as the Director of Pastoral Care Services to Atlantic General Hospital in Berlin, near the resort town of Ocean City. She implemented the first pastoral care program at the hospital, oversaw the construction of the Showell Family Chapel, and developed the new Palliative Care Services Program. She is the hospital's community educator for advanced directives, end-of-life care, grief and bereavement counseling.

Gail works as an ardent patient and family advocate, in addition to providing crisis intervention and spiritual support. She considers her work to include the over 600 hospital associates and volunteers that provide health care within the hospital and clinical setting.

Michael S. McHale

President and CEO of Hospice of the Chesapeake effective January 1, 2010. McHale joined Hospice of the Chesapeake in 2007 as the nonprofit organization's Chief Operating Officer and successfully led the operations through the end of 2009. During his tenure as COO, McHale implemented a new clinical staffing model to improve operational efficiencies, increased census, developed a centralized call system to enhance customer service, and improved utilization and field deployment of a new data management system.

McHale has dedicated his professional career to healthcare with more than 10 years of management, marketing and customer service experience within the hospice and long-term care industry. He has held various leadership positions with hospices in California, Michigan, and prior to joining Hospice of the Chesapeake, McHale was the Vice President of Business Development and Sales for the Washington Home and Community Hospices, a regional hospice provider serving Northern Virginia, Maryland and Washington, D.C.

McHale holds a Masters of Health Care Administration from National University in San Diego. He is a 2008 graduate of Leadership Anne Arundel and resides in Edgewater, Maryland with his family.

Mary Lynn McPherson, Pharm.D., BCPS,CPE

Professor and Vice Chair in the Department of Pharmacy Practice and Science at the University of Maryland School of Pharmacy in Baltimore. She has maintained a practice in both hospice (local and national) and ambulatory care her entire career. At present, Dr. McPherson is the Director of Pharmacotherapy Services at University Care Waxter in Baltimore. Dr. McPherson teaches extensively in the Pharm.D. curriculum on pain management and end of life care, including didactic and experiential content. She also developed one of the first and few palliative care pharmacy residencies in the U.S. Dr. McPherson serves on the Board of the Hospice Network of Maryland and is also Chairman of the Board of the American Society of Pain Educators. McPherson is a Fellow in the American Pharmacists Association and the American Society of Health-Systems Pharmacists. She has received many honors for her work, including the American Pharmacists Association Distinguished Achievement Award in Specialized Practice, the Maryland Pharmacists Association Innovative Practice Award, and the Maryland Society of Health-Systems Pharmacists W. Purdum Lifetime Achievement Award. She has written four books, and many book chapters and peer-reviewed articles on pain management, palliative care, and other topics.

Karen Pope-Onwukwe

Karren Pope-Onwukwe is a prominent elder law attorney, bar leader and community activist; her practice is centered around helping clients plan for aging, disability, and wealth transfer. She is immediate past-president of the Elder Law Section Council of the Maryland State Bar Association, co-chair of the Elder Law Section of the Prince George's County Bar Association, Governor Martin O'Malley appointed Karren to the State Advisory Council on Quality Care at the End of Life in 2007. Ms. Pope-Onwukwe has been chair of the Prince George's County Executive's Aging Advisory Committee since 2003. She is past president of the Prince George's chapter of the Women's Bar Association of Maryland and has served numerous positions on the Board of J. Franklyn Bourne Bar Association. Attorney Pope-Onwukwe sits on the following community boards: Trustees of Reid Temple A.M.E. Church, Mission of Mercy Empowerment Center, Inc., the City of Hyattsville Ethics Committee, the Maryland Consumer Rights Coalition and the Community Crisis Services,

Inc.. She is a “super delegate” and represents Maryland on the Democratic National Committee (DNC). The Baltimore Daily Record named Karren as one of the 100 Top Women in Maryland for 2004. In 2009 Karren was presented with the Distinguished Alumna Award from the University of Maryland University College (“UMUC”). Attorney Pope-Onwukwe earned a Bachelor of Arts degree from Eastern Kentucky University; a Bachelor of Science degree from the UMUC and a Juris Doctorate degree from the Georgetown University Law Center. Karren has been blessed with one adult son, Charles, Jr.

Gloria Claudette Ramsey

Dr. Ramsey a nurse and attorney, is an Associate Professor at the Uniformed Services University of the Health Sciences (USUHS) and director Community Engagement for the University’s Center for Health Disparities. She is a graduate of New Jersey City University School of Nursing (BSN), Seton Hall University School of Law (JD), and Albert Einstein College of Medicine/Columbia College of Physicians and Surgeons (Certificate in Bioethics). Prior to being recruited to USUHS, Dr. Ramsey was on the faculty at New York University College of Nursing for 12 years where she was director Legal & Ethical Aspects of Practice, and director Program in Bioethics.

Gloria is best known for her leadership in interdisciplinary practice and contributions in the areas of end-of-life care, health disparities, working with vulnerable populations, particularly among African Americans and persons with disabilities through community-based participatory research and activities. Dr. Ramsey has held professional service appointments with the American Nurses Association Code of Ethics Taskforce; American Society for Bioethics and Humanities, Nurse Affinity Group; Hastings Center; HHS; RAND Health; Pfizer Pharmaceuticals Fellowship in Health Disparities Academic Advisory Board; and Tuskegee University National Center for Bioethics in Research and Healthcare Black Bioethicist Taskforce. As a scholar, she is well published and has presented peer-reviewed abstracts nationally and internationally. Additionally, she is sought after as a speaker and as a board member nationally, as can be seen by the number of positions held in national service organizations.

Gloria is admitted to the United States Supreme Court; a member of the board of directors of the National Hospice and Palliative Care Organization; and has recently been elected as a Distinguished Practitioner of the National Academies of Practice.

Rabbi Michael Safra

Michael Safra has been Associate Rabbi at B'nai Israel Congregation, a synagogue of over 1200 households in Rockville MD, since 2002. He serves on numerous boards in the local and national Jewish community, and serves as Secretary of the Baltimore-Washington Region of the Rabbinical Assembly.

Rabbi Safra received his A.B. from the University of Michigan in 1997, where he majored in history and Judaic Studies, graduating with high honors and highest distinction. He received an M.A. in Bible and Rabbinic Ordination from the Jewish Theological Seminary in 2002.

Ms. Catherine E. Stavely

Ms. Stavely is an attorney with a practice focused on Elder Law issues. Her clients and their families and friends are involved in end of life planning and decision-making on a regular basis, and she gives guidance in this area to them. Ms. Stavely has been involved in litigation dealing with the withdrawal of medical care and the tension between a written advanced directive and an agent's authority under a medical power of attorney. Currently, she serves on the Maryland State Bar Association Elder Law Section Council and the Annapolis Commission on Aging. On her personal time, she has been involved in fund-raising efforts for hospice education and care for over 10 years. Ms. Stavely is also a seven year cancer survivor.

Melinda Hippchen Sauders

Ms. Sauders has been the Administrator of the Transitional Care Unit at Mercy Medical Center in Baltimore since 2005. She holds Bachelor degrees in both Education and Nursing. She is a licensed nursing home administrator and registered nurse. "Mindy has over 20 years experience in Long Term Care, including as a Director of Nursing and as an Administrator. Ms. Sauders is a member of Health Facilities Association of Maryland and American Health Care Association. She also serves on the Board of The Villa, Retirement Convent.

Cari Watrous

Ms. Watrous graduated magna cum laude from the University of Maryland Baltimore County in 1989 after sustaining a life altering brain injury in 1988. She began her career in State service as a Governor's Intern in 1989 and since then has served as manager of a capital program, a fiscal officer and currently as ADA Coordinator for the Maryland Department of Disabilities. She has and continues to represent the Department on various boards/commissions/task forces such as the Maryland Coordinating Committee for Human Services Transportation, the Maryland Bicycle and Pedestrian Advisory Committee, the Interagency Committee on Specialized Transportation and the Maryland Traumatic Brain Injury Advisory Committee.
